

APPROVED

COHASSET BOARD OF PUBLIC HEALTH MINUTES

DATE: TUESDAY MAY 2, 2023
TIME: 6:00 P.M.
PLACE: Online Zoom Meeting

Board Members Present:

Michael Pollastri, PhD, Chairman
Elizabeth Kirkpatrick, Vice Chair
Robin Lawrence, DDS, MPH, Clerk
Recording Secretary: Amy Davis

Public Health Director:

Pam Fahey, MPH, SE
Public Health Nurse:
Mary Goodwin, RN

6:00 P.M. Meeting called to order.

6:01 P.M. Public Hearing: Revised Animal Regulations
Dr. Pollastri read the following Public Hearing Notice:

Cohasset Board of Health
Public Hearing Notice:

LEGAL NOTICE OF PUBLIC HEARING COHASSET BOARD OF PUBLIC HEALTH

The Cohasset Board of Public Health will hold a public hearing on Tuesday May 2, 2023, at 6:00 pm virtually via a Zoom webinar, to review and vote on proposed changes to Rules and Regulations Governing Horses, Stables, Cloven Hoofed Livestock, Fowl and Poultry. The revised regulations will reduce the existing septic system setback requirement. The proposed revised regulations and proposed changes are available for review on the Board of Public Health page on the Town's website.

The public is welcome to attend the Zoom hearing using login information available on the agenda that will be posted on the Town of Cohasset website or submit their input in writing by emailing pfahey@cohassetma.org prior to the hearing. Signed the Cohasset Board of Public Health.

The Board reviewed and approved the changes to the Rules and Regulations Governing Horses, Stables, Cloven Hoofed Livestock, Fowl and Poultry.

MOTIONED BY: Dr. Pollastri moved to approve the updated regulations starting today
May 2, 2023.

SECONDED BY: Dr. Lawrence
VOTE: 3-0 **MOTION CARRIED**

6:05 P.M.

MOTIONED BY: Dr. Lawrence moved to approve the minutes from March 29, 2023.

SECONDED BY: Ms. Kirkpatrick
VOTE: 3-0 **MOTION CARRIED**

6:10 P.M. Set Next Zoom Meeting Date Tuesday, May 23, 2023, at 6:00 P.M.

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6:13 P.M. Public Health Director Report

Ms. Fahey has been working on some housing issues at the Preserve. A resident complained of hearing squirrels in their ceiling. Ms. Fahey has made a few visits. There have also been some issues at 132 CJC HWY with backups of sewage into South Shore Athletics Center. The landlord is blaming the tenant. Ms. Fahey said pipes can't be assigned to certain tenants, it is one big facility and wastewater treatment system. Ms. Fahey will be sending a letter to have the landlord correct the health violation.

Ms. Fahey has been sending the Board the following weekly reports:

Public Health Director Weekly Report Week Ending March 24, 2023

COVID-19:

- DPH – No call this week.

NON-COVID-19

- Food Inspections – Conducted a mobile food truck inspection for the Launch program.
- Racial Equity Training - attended a 3-hour racial equity training as a requirement of the PHE grant as the lead grant coordinator.
- PHE Grant – Bethany sent me an email saying that DPH is rejecting the request for now for an outreach coordinator until all our “statutory requirements” are met as identified in the Capacity Assessment. It was very disappointing as each quarterly report asks, “how we integrated health and racial equity into our shared services work this quarter”. This position was intended to fulfill the requirement as well as serve the communities.
- Animal Regulations – Received comments back from KP-Law. Will send the redline version to the Board to discuss at the upcoming meeting.
- Cook Estate – the Cook Estate is completing final connections to public sewer. Monday I will witness the final septic tank being decommissioned. I will then prepare a letter acknowledging that the connection is complete, and the public health hazard has been officially abated.
- MHOA/MassDEP Annual Meeting Part 2 - Attended half day meeting online. Topics included PFAS and drinking water; and two Title 5 presentations on Local Upgrade Approvals and Miscellaneous topics.
- PHE Grant – Held local meetings with Brian, Stephanie, Micayla, Drew, and Nicole Balaschi. We had a guest presenter, an epidemiologist who works for the North Suffolk PHE grant. Our group was interested in how to complete a community needs assessment that would be useful for our PHE group as well as for Cohasset and the opioid settlement. The presentation explained how to collect baseline data in communities to use as the basis for decision making to determine needs for health services.
- Permit Eyes – Reviewed and approved several vendors for upcoming events. Tracked down several vendors for the Farmer’s Market to be held this Sunday.
- 171 Beechwood Street – reviewed the septic design plan and sent the engineer comments. Let him know that an onsite well will need to be formally decommissioned as a condition for approval.
- Barrel – I met with the owner to let her know that she cannot sell fudge that was on display until the woman preparing it is properly permitted. She pulled the product from display and understands that the woman will need proper ServSafe and Allergen Awareness training with properly labeled product before it is sold in her store again.

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Public Health Director Weekly Report Week Ending March 31, 2023

COVID-19:

- DPH – May 11 will be the end of the public health emergency. Contact tracing should continue to be based on judgment (i.e., investigate possible clusters such as breakouts in Nursing Homes). Public meetings will be allowed to continue until at least through March 2025 according to the MAHB attorney.

NON-COVID-19

- Food Inspections – Attended an annual food truck inspection event in Hanover. Conducted six mobile food truck inspections for trucks seeking Cohasset permits: Thyme Traveling, Smiles by the Mile, The Dinghy, Mom on the Go, Loco Larry's Taco's, and Das Sweet Treats.
- Sewer Commission meeting – gave an update on septic systems along Route 3A. Most of the large systems would greatly benefit from Regional Sewer. Agreed to attend future meetings regarding Regional Sewer. Preparing a list of large systems and daily flow.
- 380-400 CJC – still awaiting permanent panels for 380-390 CJC but connected to sewer. Stop & Shop (400 CJC) will be connecting.
- Animal Regulations – Walked through proposed regulation changes at BoPH meeting. Following meeting, incorporated proposed changes and created a new clean copy for the public hearing next meeting.
- Cook Estate – Board issued a final close out letter to Cook Estate acknowledging the official connection to public sewer in response to the Order to Connect issued by the Board in November 2021.
- PHE Grant – Held local meetings with Brian, Stephanie, Micayla, Drew, Erica, and Mary. Brian is making progress with Permit Eyes getting cost estimates for inspectional software. Will continue to work with IT directors from the 3 towns. Social workers/public health nurse expressed that they need better communication from the health directors so that they can be more effective on a regional basis. We discussed changing the meeting structure so that we can get specific buy-in from directors for various programs/initiatives.
- BoPH Meeting – approved septic design plan for 171 Beechwood Street. Reviewed proposed changes to Animal regulations.
- Barrel – confirmed this week that they have not put out fudge prepared by the new employee without food safety training. Alternatively, they will make it in the store and label it properly in different packaging in plastic containers. The owner will make sure the employee gets her ServSafe training and received her Allergen Awareness this week.
- 124 Elm Street – sent an email to Mass DPH to determine if infinity pools are allowed for public/semi-public pools since regulations state a necessary 4' clearance space around pool perimeters.

Public Health Director Weekly Report Week Ending April 7, 2023

COVID-19: DPH – No call this week.

NON-COVID-19

- 380-400 CJC – MassDEP inquired this week if the tanks have been decommissioned in accordance with Title 5. I made inquiries and the plaza owner is planning to have the tanks

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decommissioned, the pavement replaced and restriped in mid-May. Until all of that is completed, the Building Inspector will not be issuing permanent certificates of occupancy to the 390 building.

- 750 CJC – Reached out to the engineer to inquire when the septic design plan will be submitted. The woman who wants to open a butcher shop is nearing construction completion and I reminded him that she cannot open until he has an approved septic design plan. Engineer responded that plan should be submitted next week. If it is, it will be added to the meeting agenda since there will be variance requests.
- PHE Grant – No local or state meeting this week. Set up a meeting on Monday with Bethany to discuss how to complete the 2024 Workplan that is due this month. Again, we are supposed to address how we will meet “equity” with future plans and yet we were denied the position of outreach worker who would have addressed those needs.
- 124 Elm Street – spoke with Nick Anderson from Mass DPH who confirmed that infinity pools are not allowed for public/semi-public pools as regulations state a necessary 4’ clearance space around pool perimeters. I relayed the information to the project manager for 124 Elm and they will change the pool design.
- Glow Bar tanning salon – Mary and I completed a semi-annual inspection of the facility. No violations.
- 62 Rust Way – reviewed and approved an irrigation well for the property.
- Community Health Needs Assessment (CHNA) – attended a meeting with Tina Dwyer from South Shore Hospital set up by Stephanie. SSH will be conducting a CHNA beginning in August that they complete every three years. They will share the data with Cohasset and Scituate (Hingham wants to conduct their own) and will include us in data gathering. This will be beneficial to both Safe Harbor and the Health Department in understanding educational needs and how to spend future opioid settlement money.
- Town Website – Mary, Stephanie and I met with Justin Shrair to walk through the existing Health Department and Board of Health web pages on the Town Website. We gave him a long list of changes and he will begin incorporating them next week. Among the changes, remove all permit application forms and make it clear that all permits should be applied for online using Permit Eyes.
- HUB Meeting – meeting with Health, Elder Affairs, Police and Fire to discuss cases in town, particularly those with mental health issues. A representative from the Massachusetts Behavioral Health Helpline presented an overview of services offered. It is a 27 hour/7 day per week helpline service for people in crisis and others seeking help. It can be used by first responders at night and weekends when clinical social workers are not available.
- 60 Elm – prepared a memo for Stephanie to document that Mary and I visited an elderly resident who was having olfactory hallucinations and harassing her neighbor.
- Route 3A – worked on spreadsheet identifying flows in gallons per day for large businesses in consideration of potential regional sewer.

Public Health Director Weekly Report Week Ending April 13, 2023

COVID-19:

- DPH – Dr. Katie Brown talked about how the definition and subsequent calculation of COVID deaths will be changing to align with the latest CDC update. Originally the definition was too broad and included any death due to natural causes if there was an exposure to

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COVID-19. Those deaths will be eliminated from the count, and they will instead focus on the symptoms consistent with the disease. Also, it may be “possible” that there will be new booster shots available.

NON-COVID-19

- Sewer Commission meeting – discussed steps remaining for 380-400 CJC to complete sewer connection project. Still need to decommission septic tanks in accordance with Title 5 for BoPH.
- Food inspections – conducted the opening inspections for JJs Dairy which will open on Monday.
- 750 CJC – Engineer should be submitting plans any day now and should be on the next meeting agenda. The butcher shop is nearing completion and cannot open without an approved plan.
- PHE Grant Local – Met with Brian, Mary, Susan, and Micayla. Micayla gave a nursing update and reported a virus in children in Scituate and Hingham that presents like Lyme but is a different virus with high fever and body aches. It is not believed to be tick-borne. Also, she is working a lot of hours covering for Eileen in Scituate and retired Kathy in Hingham.
- PHE Grant – met with Bethany from DPH to go over the Workplan that I need to prepare this month for FY 2024.
- Route 3A – finalized spreadsheet identifying flows in gallons per day for large businesses in consideration of potential regional sewer and sent to Brian Joyce and Bill McGowan.
- Ecofest – Reached out to event organizer and sent her instructions for all of her food vendors to apply online for mobile food truck permits and set up truck inspections before the event in May.
- 312 Beechwood Street – went for a site visit to confirm a 3-bedroom house in order for the homeowner to add an in-law apartment. The septic system is designed for 4 bedrooms so the project should be acceptable without a septic upgrade.
- Zoning – reviewed and signed off Zoning projects for Nichols Road and Black Rock Road.
- Animal Regulations – sent a public hearing notice to the Patriot Ledger for May 2nd meeting.
- Riverside – Stephanie set up a meeting with Riverside agency who provides support to groups after a crisis. The representative explained that it is best to meet with small groups specifically impacted by a crisis rather than opening it up to a whole town. For example, for it would be appropriate for friends and family of a woman who tried to commit suicide this week by laying on the train tracks.
- Elm Street – I visited 60 Elm Street with Mary and Stephanie to document that the nuisance complaint from the 92-year-old woman is an olfactory hallucination and there are no actual odors coming from the residence below. The woman above insists the neighbor below is using strong deodorizers and calls the police. CPD is now aware not to send officers knocking on the neighbor’s door.
- Evoke Wellness – once again shut down the soft serve ice cream machine. Recommended that they get a sales rep onsite to give them professional training or else significantly increase the frequency of cleaning and sanitizing.

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Public Health Director Weekly Report Week Ending April 21, 2023

COVID-19:

- DPH – No call this week.

NON-COVID-19

- Food inspections – Brian and I inspected Ava Cucina, The Barrel, and Salty Days. We also did a preliminary walk through of the new container that will be Split Rock Beer Garden. I will do the opening inspection on Tuesday morning along with the Building Inspector and Deputy Fire Chief.
- 750 CJC – Plans were submitted and will be on the next meeting agenda.
- PHE Grant State – had monthly state call with DPH. Discussed deadlines for quarterly reports and annual workplan. Attended a breakout room for shared nursing. Our public health nurse seems to be doing more than most shared nurses.
- PHE Grant Local – Met with Brian, Susan, Stephanie, Erica, and Micayla. Micayla gave a nursing update regarding an event that she is arranging in Scituate in June at the public safety building. They will have a mobile van from Dana Farber to give skin checks, free bike helmets for kids, and table sponsored by the Samaritans and information about drowning prevention and water safety. Mary and I will discuss where we could have a similar event in Cohasset. Also, I pushed Brian to order field inspection iPad this fiscal year and perhaps scale back the software to food inspections only to ease into electronic inspections.
- PHE Grant – Bethany agreed that we could pay a stipend to keep the graduate student that has been working for free assisting Stephanie and Erica. Also, I completed Q3 financial report and sent it to Brian to prepare the accompanying narrative report.
- Holly Hill Farm – prepared a draft response to acknowledge that they no longer plan to apply as a summer camp after Mary has permitted them for the last 10 years. Sent the draft response to the town council and they approved it. Mary sent it out.
- 74 Forest Avenue – received plans for an animal permit for horses. Will be on the agenda for the next meeting.
- 368 King Street – reviewed the legal materials for a shared septic system that was installed in 2000. The abutting property on Schofield Road is finally looking to connect. Instructed the property owner to get a Title 5 inspection first, then submit engineered plans. Let him know that as a shared system he is required to get the system inspected every 3 years.
- Samaritans – Discussed ways to bring in community training and services. Easiest way is to have them set up a table at events (like Micayla's Wellness event or Cohasset Farmer's Market). Or some community presentations on mental health and suicide prevention. Presentations can target different groups like first responders or college students. Stephanie will connect them with Nicole Balaschi to have youth ambassadors get involved with their available workshops.

Public Health Director Weekly Report Week Ending April 28, 2023

COVID-19:

- DPH – Monovalent vaccines are no longer authorized for use and should be disposed of. Bivalent vaccines should be used for everyone. Currently, anyone with even one shot of a

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bivalent vaccine is considered up to date. It is anticipated that there will be a recommendation to get a booster in the fall. People ages 65+ may decide to get an optional spring dose. Additional doses should be spaced every 4 months, immunocompromised people every 2 months.

NON-COVID-19

- Food inspections – I completed the opening inspection for Split Rock Beer Garden which should open to the public next week, soft opening this weekend and a mobile food truck inspection for Nona's. Brian and I inspected Seabird, Fiori Gulf, Dunkin, Mullaney's Seafood, and Atlantic Bagel.
- Sewer Commission Meeting – Rosemary Blacquier from Woodward & Curran spoke about what has been done to date to get a regional sewer between Scituate, Cohasset, and Hull and what would need to be done going forward. Woodward & Curran has completed a Regional Comprehensive Wastewater Management Plan (RCWMP) Phase 1 – Needs and Alternatives Analysis. In addition to permitting implications/challenges she also discussed that a regional sewer district commission would need to be formed between the 3 towns similar to a mini-MWRA model. We also discussed some of the septic issues along Route 3A.
- 132 CJC – Another backup of sewage into the locker room at South Shore Athletic Center (SSAC) via the floor drains. I will send a letter to the out-of-state landlord management group. In the past they have blamed SSAC for releases, however, you don't have separate pipes assignable to tenants, it is one system, and the property owner is responsible. I will recommend the pipes are cleaned and snaked monthly rather than waiting for breakouts to occur, otherwise they risk a Title 5 failure.
- PHE Grant State – had monthly state call with DPH. Discussed deadlines for quarterly reports and annual workplan. Attended a breakout room for shared nursing. Our public health nurse seems to be doing more than most shared nurses.
- The Preserve – I received an email from tenants that have been trying for months to have the landlord remove squirrels in their ceiling. Whenever they have had to use their HVAC, the smell has been overwhelming, and they can hear the animals in the ceiling. I prepared a letter and went to The Preserve to hand deliver it and to explain to the manager the obligations that they have under the Mass Housing Code to remove pests from homes. The manager was cooperative and explained that they did have a plan in place to have a professional pest removal company come and trap the animals and they will clean and repair the HVAC system and the area above the ceiling once that is completed. They must also send me a report with the details of the work to be completed within the next 30 days.
- HUB Meeting – the local Cohasset HUB group consists of Cohasset police, fire, health, and social workers to privately discuss at-risk mental health cases. They tend to be chronic cases, but if the group determines someone (or a family) is at acute risk then the case is elevated to the Regional South Shore Hub where the group is able to get immediate services. Representatives from groups like South Shore Hospital and the Samaritans attend those represented. At our local meeting this week Mike Bosteri former Plymouth County Police Chief, spoke about the regional HUB program.
- PHE Grant Local – Met with Brian, Susan, Stephanie, Erica, Micayla, and Mary. Brian gave an update on ordering Permit Eyes software field inspection iPad this fiscal year. Mary attended a meeting for me regarding the regional training hubs. It is apparent that DPH's ideas

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for regional training hubs are still in their infancy as they have not been able to hire any trainers or experts to train the trainers.

- PHE Grant – Filled out paperwork to onboard the graduate student that will be assisting Stephanie and Erica for the next several months. Also, I submitted the Q3 financial report and accompanying narrative report to Bethany that Brian and I completed.
- Float Tank Business – a prospective business owner reached out to the building inspector for a certificate of occupancy. They claimed that they do not need a BoPH permit, however, I reached out to DPH, and they confirmed that float tanks fall under the “Specialized Pool” definition and do require a pool permit. I will contact the owner next week.

**6:15 P.M. 754 Chief Justice Cushing Highway, Septic Upgrade, I/A Technology
Presby Enviro-Septic, Edward Whatley, Wright-Pierce Engineering**

In attendance for this Public Hearing: Edward Whatley, Wright-Pierce Engineering
Materials used for this agenda item:

- **Online Application for Disposal System Construction Permit dated, 4/15/2023.**
- **Online Application Form 9A dated, 4/15/2023.**
- **Septic System Replacement Plan dated 3/03/2023.**
- **Percolation Tests dated, 12/15/2022.**
- **Onsite Wastewater Disposal Design Package dated April 2023**

Mr. Whatley reviewed the septic plan for 754 CJC HWY with the Board. A new business is going in at 754 CJC HWY and a Title 5 inspection was requested by the new tenant. The Title 5 Inspection failed in September due to the leaching field not draining properly. The septic system was originally installed in 1960. Mr. Whatley is proposing to install two 2,500-gallon septic tanks, a D-Box, and a Presby Leaching system. There will be two pump stations with 2 floats and an alarm light. A grease trap will also be installed for the new tenant. The system is well within the 25-foot buffer to a wetland.

Board Questions:

Ms. Kirkpatrick asked: If there were any alternatives for this system.

Mr. Whatley responded: Connecting to sewer is not an option. The proposed location of the system is the only place the system can be installed.

Public Comments: None

MOTIONED BY: **Dr. Lawrence moved to approve the local upgrade request per 310 CMR 15.211 to reduce a septic tank setback to the slab foundation from 10 feet to proposed 2.6 feet.**

SECONDED BY: **Dr. Pollastri**

VOTE: **3-0 MOTION CARRIED**

MOTIONED BY: **Dr. Lawrence moved to approve the local upgrade request per 310 CMR 15.405(a) to reduce the SAS setback from the property line from 10’ to proposed 5.4’.**

SECONDED BY: **Dr. Pollastri**

VOTE: **3 -0 MOTION CARRIED**

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MOTIONED BY: Dr. Lawrence moved to approve the local upgrade request per 310 CMR 15.405(b) to reduce the setback between the SAS and the slab foundation from 10' to proposed 5.9'.

SECONDED BY: Dr. Pollastri

VOTE: 3 -0 MOTION CARRIED

MOTIONED BY: Dr. Lawrence moved to approve the local upgrade request per 310 CMR 15.404(3)(c) to allow a reduction of naturally occurring soil beneath the SAS from 4' to 2'.

SECONDED BY: Dr. Pollastri

VOTE: 3 -0 MOTION CARRIED

MOTIONED BY: Dr. Lawrence moved to approve the local upgrade request per 310 CMR 15.405(e) to reduce the setback from the SAS to bordering vegetative wetland from 50' to proposed 24'.

SECONDED BY: Dr. Pollastri

VOTE: 3 -0 MOTION CARRIED

MOTIONED BY: Dr. Lawrence moved to approve the local upgrade request per 310 CMR 15.405(i) to allow the use of a sieve analysis.

SECONDED BY: Dr. Pollastri

VOTE: 3 -0 MOTION CARRIED

MOTIONED BY: Ms. Kirkpatrick moved to approve the septic design plan titled *Existing Site Conditions Site Plan and General Notes* for 754 Chief Justice Cushing Way (Route 3A), Cohasset, MA dated March 3, 2023.

SECONDED BY: Dr. Lawrence

VOTE: 3 -0 MOTION CARRIED

6:05 P.M. Dr. Lawrence moved to approve the minutes from March 29, 2023.

SECONDED BY: Ms. Kirkpatrick

VOTE: 3-0 MOTION CARRIED

6:25 P.M. 74 Forest Avenue, Animal Permit, Morse Engineering

In attendance for this Public Hearing: Jeff Hassett, Morse Engineering Chris Kondrat, Property Owners

Materials used for this agenda item:

- Site Plan
- Manure Management Plan

Jeff Hassett, Morse Engineering, reviewed the site plan for an animal/barn to keep two horses at 74 Forest Avenue with the Board. The proposed location is in the back right corner of the 5.5-acre property and is abutted by land owned by the Conservation Trust, residential property, and vacant lots. Two letters from abutters were received, one from Dr. Pompeo and another from 29 Cedar Street. The property owner is proposing to build a small 24 foot by 36-foot barn and a corral. Mr. Hassett is asking for two waivers. A reduction to the setback from a wetland required 100 feet requesting 50 feet.

Also, to allow a reduction from the required 100 feet from any dwelling to the facility to 50 feet to a dwelling, the property owner's house. The barn will be located next to a 25-foot-wide garage which is

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not considered a living space. The nearest abutting dwelling is 250 feet away. There will be a 6-inch berm along the edge of the corral. This project will go in front of Conservation for approval and otherwise the project meets all other requirements. The following is the Stable Management Plan and a note from Mrs. Kondrat.

Manure Management

1. Barn: As a small back yard facility, work will be done daily to ensure that the barn and paddock are kept clean. Stalls will be mucked out every morning and the aisle of the barn will be swept clean to remove hay, shavings, dust, and hair. Water buckets will be emptied, scrubbed, and refilled every morning and topped off at night if necessary.
2. Paddock: Every morning the paddock will be cleaned with a pitchfork and manure bucket. Contents will be dumped into 20-gallon trash barrels with lids. Weekly the manure and shaving will be brought to Holly Hill Farm in Cohasset. I have spoken to Jean White, and she has assured me that both she and Jon Belber would appreciate the manure and shavings for their compost bin. I have cared for the horse, Nugget, at Holly Hill and have also taught classes to school children at the farm so I am familiar with Jean, Jon, and the system they use there to compost the animal waste and reuse the soil in the gardens. I also have had a horse for over 20 years in my younger life and have worked at numerous horse stables over the years. I am confident in my abilities to keep this small facility clean.

Vector Management

1. Pest control - Pests should not be much of a problem with regular cleaning and proper management of the manure. All grain will be enclosed in 20- gallon trash barrels with tight fitting lids in a separate and closed feed room. Horses can be closed in at night with barn doors secured and in the warm weather, windows can be opened with strong chicken wire type screens to allow ventilation but keep out any pests.
2. Insect control- Again, with proper cleanliness, insects should not be much of an issue. There will be no standing water except for the water bucket which will be cleaned and refilled daily. The paddock and stalls will be kept clean, and manure securely enclosed in trash barrels. If necessary, a pest/insect control company can be called in to identify further needs and/or mitigation efforts. Fly spray will be used, and fly bags will be hung both inside and outside the barn to catch and kill any flying insects.

Predator Management

Horses will be enclosed in a paddock with premium equine fencing and have access to their stalls during the day so they can get in if anything does frighten them or if the weather changes. At night they can be locked inside their stalls for warmth and safety.

Noise Management

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The location of this barn is down a long private driveway (75+ yards), and the area is surrounded by woods. As horses are not naturally loud animals, noise should not be an issue. The only times that a horse makes much noise would be during feeding time if they are excited to get their grain. They may nicker or call out but with such a small operation, this shouldn't be an issue. It will just take a minute to pour out grain or pass out their hay.

As I stated earlier, I grew up with a horse in Cohasset at a small backyard barn. We kept the barn very clean and made sure that the neighbors were never bothered by the horses. Then as an adult, I worked and volunteered at other larger barns/riding stables. Over the years I have learned so much more about managing and operating an equine facility and through my current work at Furnace Brook Farm in Marshfield, I am now connected with many horse people who can help me with any problems that may arise. Local veterinarians, black smiths and equine professionals are in my circle of people I can turn to when needed. I am confident that this barn, if approved, will be small, tidy, and well cared for.

Board Questions: None

Public comment: William Edes, Drohan, Tocchio, and Morgan PC Attorneys at Law, represents the abutters at 29 Cedar Street. The abutters have concerns with the horses roaming the Kondrats property and coming into their property, the proximity of the corral to wetlands, and manure runoff coming into their property. They want to make sure the project was properly permitted and met all the regulations.

Dr. Pollastri asked: Will the horses be roaming the property?

Mr. Kondrat informed the Board the horses will always be in the coral.

Dr Pollastri asked: Mr. Hassett to comment on the manure and the wetlands.

Mr. Hassett explained: The manure will be stored in trash cans with lids and the trash cans will be stored outside the wetland buffer. The manure will be picked up daily.

Ms. Fahey reminded the Board about an animal permit on Forest Avenue that was recently approved, and Conservation had the property owner add a stormwater management plan. The applicant should be prepared to do something similar. A stormwater management plan would address the abutters' concerns regarding the runoff.

MOTIONED BY: Ms. Fitzpatrick moved to approve the reduction from 100' to 50' between the facility and the wetland contingent upon a Notice of Intent being filed with the Cohasset Conservation Commission.

SECONDED BY: Dr. Pollastri

VOTE: 3 -0 MOTION CARRIED

MOTIONED BY: Dr. Pollastri moved to allow a reduction of 100' to 50' between the facility and the dwelling on the subject property.

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SECONDED BY: Dr. Lawrence
VOTE: 3 -0 MOTION CARRIED

6:50 P.M. Public Health Nurse Report

Ms. Goodwin informed the Board that the Public Health Emergency ends May 11, 2023. There will no longer be free covid test available. Health insurance may pay for the test, it's not definitive yet. The State will continue to provide covid vaccine through the end of August 2023 Ms. Goodwin is not sure what will happen in the fall. If the Town must purchase the vaccine, it will be between \$100.00-\$125.00 a dose which is a big increase. The Town usually buys the doses then bills the resident's insurance company so the Town will get reimbursed. Dr. Pollastri asked are vaccines covered by primary care doctors, and can the Town ask insurance companies to cover the cost? Ms. Goodwin explained the Town does get reimbursed the issue is with the Town buying the vaccine up front and having the funds. The State is trying to get the cost down.

Ms. Goodwin has been sending the Board the following reports:

PUBLIC HEALTH NURSE REPORT WEEK ENDING 3/31/23.

Total Number of confirmed COVID 19 cases: 1530

Total number of Probable cases: 192

Deaths: six

The Town's total two-week caseload is: four.

The Town's two-week positive test rate is results 4.0% (100 total tests)

Community Transmission by County:

Norfolk – **Low.**

Plymouth – **Low.**

Maven Call:

3/28/23 Reviewed some of the expectations for LBOH's response to Covid cases at this point in the pandemic. Nursing homes, rest homes, assisted living residences, and intermediate care facilities for persons with an intellectual disability are still required to report Covid cases.

Covid cases are still advised to isolate for 5 days and then wear a mask when around others for an additional 5 days.

Some discussion about case investigations was reviewed. Immediate diseases need to be investigated within 24 hours; routine diseases should be started within 48 hours.

DPH Call:

3/28/23 Hillary Johnson – one of DPH's Epidemiologist discussed the ending of the pandemic which will happen on 5/11/23. Covid test kits may be covered by insurance but will vary from plan to plan. Covid 19 vaccine will still be available from DPH through 6/30/23. After that date it most likely will have to be purchased by LBOH's. The mobile covid vaccination program will continue through 6/30/23 and will then end.

Listened to a presentation on credentialing for RS/CHO's and why it is recommended.

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Cheryl Sbarra, Executive Director with MAHB stated that municipal government meetings can be held in person and virtually through 3/31/25.

Community Outreach:

3/28/23 Home visit made at request of a home bound resident. Medical advice given, signs and symptoms of concern and when to seek further medical evaluation. Resident agrees to plan.

3/30/23 Walk in resident requesting blood pressure check – B/P checked. Advised to contact PCP with reading. Agrees to plan.

3/30/23 Attended the PHE meeting with Pam Fahey, Brian Luther, Drew Scheele, Stephanie Saunders, Micayla Bickerton, and Erica Soaris. Laptops and the Permit Eyes software are being purchased and will be used for food inspections, housing, and camp inspections. Social workers are feeling some frustration working with the different towns and what the expectations are for them. Support provided.

Worked with Randy Belanger, Cohasset Fire Department and Cohasset Recreation to schedule CPR/AED training for town employees. Class is scheduled for April 25th, with a morning session and an afternoon session. Class size is limited to 10/class. The morning session is already full.

Respectfully submitted,
Mary Goodwin RN

PUBLIC HEALTH NURSE REPORT WEEK ENDING 4/7/23.

Total Number of confirmed COVID 19 cases: 1532

Total number of Probable cases: 192

Deaths: six

The Town's total two-week caseload is: three.

The Town's two-week positive test rate is results 3.16 % (95 total tests)

Community Transmission by County:

Norfolk – **Low.**

Plymouth – **Low.**

Community Outreach:

4/3/23 Held office hours at Willcutt Commons – saw four clients.

4/3/23 Met with Stephanie Saunders, Pam Fahey, Micayla Bickerton, Margaret Curley, and Tina Dwyer, from South Shore Hospital. Tina explained that SSH is required to do a Community Health Needs Assessment every 3 years and is due this year. She would be happy to add us to one of the focus groups so we can have a better understanding of the process of doing the assessment.

4/3/23 Met with Pam Fahey, Stephanie Saunders, and Justin Shrair. Worked on the Town website, in particular the board of health page as well as the public health nurse page. Justin will update the web page next week.

APPROVED

4/4/23 Met with Micayla Bickerton, regional Public Health Nurse, hired through the PHE grant. Reviewed various functions that Maven is capable of doing, and other public health nurse responsibilities.

4/4/23 Met with Pam Fahey and Glenn Pratt – Glenn discussed the MOU that needs to be signed to continue with participating as a member of the regional shelter hosted by the Town of Weymouth. We all agreed it is important to continue to participate in this group. Glenn will reach out to Chris Senior for a signature.

4/5/23 Took the Recreational camp for children training program through the LPHI. Certificate obtained.

4/6/23 Went with Pam Fahey to The Glow Bar Tanning Salon. Inspection performed. No violations found.

4/7/23 Listened to a webinar titled Public Health Forum on Rural Health. 5 Health Directors/Agent discussed various issues that are unique to rural public health.

Respectfully submitted,
Mary Goodwin RN

PUBLIC HEALTH NURSE REPORT WEEK ENDING 4/14/23.

Total Number of confirmed COVID 19 cases: 1532

Total number of Probable cases: 192

Deaths: six

The Town's total two-week caseload is: three.

The Town's two-week positive test rate is results 3.23 % (93 total tests)

Community Transmission by County:

Norfolk – **Low.**

Plymouth – **Low.**

Maven Call:

4/11/23 Covid 19 death definition is being updated to align with the National Standard. Previously, anyone diagnosed with covid in the 30 days prior to death were considered a covid related death. That will no longer be the case. Also, people are less likely to die from Covid at this point so numbers should be trending down.

The Mass Notify System for exposure notification is being disabled 5/11/23.

State DPH EPI – Andrew Tibbs did an in-depth presentation on TB. TB has been on the decrease since 1997 but still presents itself as a public health concern. Every town in Mass. is required by State law to have a PHN to investigate TB cases.

APPROVED

DPH call:

4/11/23 Shortened call this week – Dr. Katie Brown reviewed the changes in reporting of deaths, as well as sun setting of Mass Notify. She also mentioned changes being made to the State vaccine dashboard. Reporting now will reflect primary doses and booster doses.

Community Outreach:

4/10/23 New posters are available that explain the Massachusetts Behavioral Health Help Line. The help line is a 24-hour, 7 day a week line available for anyone, someone they may know, struggling with mental health and/or substance use. It is free, confidential and no health insurance is needed. Posters dropped off at St. Anthony's, Harborview housing and posted to Cohasset 143 Facebook page.

4/11/23 Met with Pam Fahey, Stephanie Saunders, and Nicole Balaschi to discuss recent tragic situations that have happened in Cohasset and how to respond as a Town. We later in the day met with Riverside Trauma Center. She advises us to stay away from open-type forums as it does not best meet the needs of the Town. We will be meeting with Good Samaritans on 4/21/23 to discuss further.

4/11/23 Home visit made with Pam Fahey and Stephanie Saunders to a neighbor dispute. Visited two apartments. No evidence of any odors noted, visited other neighbor to report. She continues to believe they are very strong odors emanating from apt. Report filed.

4/13/23 Worked with Harbor Master to make sure Narcan kits are stored properly. She currently has twelve doses of Narcan – 3/boat for three boats and three doses in the harbor master's office.

4/13/23 Wound assessment done for a staff member. Guidance given, reviewed signs and symptoms of concern and when to seek further medical care. Agrees to plan.

4/13/23 Reached out to Yuan Yen Do, a local Karate Studio that is advertising a one-week camp in July. Advised them that if called a camp then it needs to be inspected and licensed by the Town. Spoke with Megan – they will change title to something else.

4/13/23 Have been working with Bruce Frost at Holly Hill Farm re: summer camp which has been licensed by the Town since 2012. He states that they have decided not to hold summer camp this year but are basing their summer programs to have a more academic focus like their fall, winter, and spring programs. Reached out to the State Division of Community Sanitation for guidance. Also spoke with Chris Senior. Will work with Town Counsel to have them review regulations, Holly Hill's plan and develop proper wording so Town cannot be held liable.

4/13/23 Received camp application for Challenger Sports. Have begun to review their plans.

Respectfully submitted,
Mary Goodwin RN

APPROVED

PUBLIC HEALTH NURSE REPORT WEEK ENDING 4/21/23.

Total Number of confirmed COVID 19 cases: 1532

Total number of Probable cases: 192

Deaths: six

The Town's total two-week caseload is: one.

The Town's two-week positive test rate is results 1.03 % (97 total tests)

Community Transmission by County:

Norfolk – **Low.**

Plymouth – **Low.**

Community Outreach:

4/19/23 Attended the PHE monthly meeting via Zoom. Heard about shared nursing, inspectional and government services from PHE grantees.

4/20/23 Reminder emails sent to the twenty people who have signed up for AED/CPR training next Tuesday 4/25/23. The class will be taught by Randy Belanger, CFD.

4/21/23 Met with Stephanie Saunders, Pam Fahey, Micayla Bickerton, Erika Souris, and Max Copans from Good Samaritans. Max presented different programs that they offer to towns to promote and educate people about suicide and suicide prevention. I am going to reach out to the Cohasset Farmer's market about having a table a couple of times this summer. Stephanie will reach out to the clergy in town about possible programs there.

Respectfully submitted,
Mary Goodwin RN

PUBLIC HEALTH NURSE REPORT WEEK ENDING 4/28/23.

Total Number of confirmed COVID 19 cases: 1532

Total number of Probable cases: 192

Deaths: six

The Town's total two-week caseload is: zero.

The Town's two-week positive test rate is results 1.1% (89 total tests)

Community Transmission by County:

Norfolk – **Low.**

Plymouth – **Low.**

DPH call:

Updates have been made to Maven to include a free text option for occupation. Changes have been made to better reflect the impact certain occupations have on our health, help to describe infectious diseases in occupations and will help to develop prevention strategies.

Covid 19 Vaccine update: new recommendations simplify the vaccine schedule and will allow flexibility for high-risk individuals. The monovalent mRNA vaccines are no longer authorized for use. Bivalent vaccine is recommended for all. A single dose of bivalent vaccine will be considered up to date on vaccine schedule. Individuals 65 years or older may get an additional dose of bivalent vaccine at least 4 months after their last dose of bivalent vaccine. Immunocompromised people can get an additional dose of bivalent vaccine at least 2 months after their last dose of bivalent vaccine.

APPROVED

Community Outreach:

4/24/23 Met with Pam Fahey, Stephanie Saunders, and Jacey Greece, from BUSPH. Jacey explained how her students from BU have assisted other towns with a Community Health Needs Assessment. They have worked extensively with the Town of Winthrop. Plan to reach out to Winthrop Health Director to discuss further.

4/25/23 Attended the Mental Health working group with representatives from health, police, fire, elder affairs, and Hull Health department. Heard a presentation from Mike Botieri, retired police Chief from the Town of Plymouth. He has started a group called QRT – Quick Response Team. He explained the program was created to try to predict who needs services prior to a crisis or an overdose happening.

4/26/23 Attended the Racial Equity Training sponsored by the Office of Local and Regional Health.

4/26/23 Sat in on the Public Health Regional Field Training Hubs meeting for Pam. The Towns of Randolph, Wrentham, Franklin, and Norfolk were represented. As a part of the PHE grant, the State will be trainers who will train the field trainers who in turn will run training for local public health. Our site will be in Randolph. No trainers have been hired yet.

4/27/23 Attended a vaccine reimbursement training via Zoom. UMass, the medical billing department has changed its name to For Health Consulting. Vaccine reimbursement rates reviewed – administration rate for non-covid vaccine ranges from \$11.37 - \$25.00 and Covid vaccine is from \$40.00 - \$45.87.

4/27/23 Made a home visit at the request of a family to evaluate home bound resident. Teaching re: diet and exercise, signs, and symptoms of concern to watch for and when to contact PCP. Will continue to follow.

Respectfully submitted,
Mary Goodwin RN

MOTIONED BY: Ms. Kirkpatrick moved to adjourn the meeting at 6:50 P.M

SECONDED BY: Dr. Lawrence

VOTE: 3-0 MOTION CARRIED